

# Pre-EQ2 Staff Survey

Most direct care staff face stressful situations on a day-to-day basis. We want to ask you a few questions about what you find most stressful about your job. Please do not put your name or any other identifying information on this survey.

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**A. Please rate on a scale of 1 (least stressful) to 5 (most stressful) how stressful you find the following situations:**

- A youth who seems to be purposely trying to get you upset
- Not knowing the best way to handle a challenging youth
- When a situation with a youth requires a physical intervention
- Dealing with verbal or physical conflict between youth
- Feeling like you are losing control of a situation with a youth
- Having to work with a youth you don't easily connect with
- Having to work with a staff you don't easily connect with
- Other staff not following rules or program guidelines
- Feeling like the youth are getting more and more challenging
- Feeling like another staff is making your job harder
- When another staff's behavior triggers a youth
- Not having adequate training to do your job effectively
- Not feeling supported by supervisors or co-workers
- Not getting the supervision you need to grow professionally
- Being asked to follow rules that don't make sense
- Issues with the agency at the administration level
- Lack of resources to do your job effectively
- Anything else? \_\_\_\_\_

**B. Please answer the following:**

1. What is the **hardest part** of your job?

2. What do you see as the **most important role you have** when working with youth?

3. What would help to **reduce some of the stress** of your job?

4. I feel burned out from my work (choose the best answer).

1	2	3	4	5
Never	A few times a year or less	A few times a month or less	Once a week	Every day

**Thank you for filling this survey out!**