

## UTAH

1 [YWCA Choices for Women](#) Choices for Women is a 12-week psycho-educational course for women in the Salt Lake City jail. designed to help women build and maintain healthy relationships. Group topics include: relationship origins, communication styles, boundaries and assertiveness, personal empowerment, abusive relationships, anger, love, sex and intimacy, attachment styles, grief and loss.

(801) 537-8604, <http://www.ywca.com/>, [saltlakecity@ywca.com](mailto:saltlakecity@ywca.com)

YWCA, 322 East 300 South, Salt Lake City, UT 84111

2 [Adult Substance Abuse Treatment](#) The Adult Substance Abuse Treatment Program at Cornerstone Counseling Center provides support and structure for individuals struggling with substance abuse. Cornerstone Counseling Center offers three levels of treatment, with both individual and group therapy.

(801) 363-9414, <http://www.voaut.org/>, [info@voaut.org](mailto:info@voaut.org)

Volunteers of America Utah, 435 W. Bearcat Dr., Salt Lake City, UT 84115

3 [MentorWorks](#) The MentorWorks program has been developed to serve the needs of men and women as they are released from county or state correctional facilities and are now transitioning back into society.

(801) 679-3921, <http://foundationforfamilylife.com>, [info@foundationforfamilylife.org](mailto:info@foundationforfamilylife.org)

Foundation for Family Life, 1733 W. 12600 St., S., Ste. 230, Riverton, UT 84065